

PROTEIN + GLUTEN-FREE + NON-DAIRY
LOW GLYCEMIC + FIBER + VEGAN

Nutrition Facts	
Serving Size 1 Scoop (38g)	
Servings Per Container about 15	
Amount Per Serving	
Calories 130	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Potassium 140mg	4%
Total Carbohydrate 20g	7%
Dietary Fiber 8g	32%
Soluble Fiber 6g	
Insoluble Fiber 2g	
Sugars 10g	
Protein 13g	26%
Vitamin A 0% • Vitamin C 40%	
Calcium 45% • Iron 20%	
Vitamin D 40% • Thiamin 40%	
Riboflavin 40% • Niacin 40%	
Vitamin B6 40% • Vitamin B12 40%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Produced on equipment that also processes peanuts, tree nuts, milk, egg, sesame, and shellfish.

Juice Plus+ Complete® is made from all non-GMO ingredients.

Juice Plus+ Complete® is a natural whole food based shake mix that provides a delicious, healthy burst of balanced nutrition in every scoop, including:

- + 13 grams of minimally processed, water-washed soy and other natural protein
- + 8 grams of our proprietary blend of soluble and insoluble fiber

+ INGREDIENTS

Proprietary protein blend (low processed soy protein, chickpea powder, pea protein, rice protein), natural sweetener blend (organic evaporated cane sugar, stevia), proprietary fiber blend [natural gums (arabic, guar, and xanthan), fructooligosaccharides, plant cellulose, soy fiber, rice bran, pectin, apple fiber], cocoa (processed with alkali), natural flavor, proprietary ancient grain and sprout blend (broccoli sprout, alfalfa sprout, radish sprout, organic amaranth, organic quinoa, organic millet), calcium (as citrate, phosphate, carbonate, ascorbate), sea salt, proprietary powder blend (pumpkin powder, pomegranate powder, spirulina powder, yucca powder, mushroom powder), natural enzyme blend, niacinamide, soy and sunflower lecithin, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, vitamin B12.

Contains soybean.

Healthy Nutrition – Any Time of the Day

Enjoy a nutritious Juice Plus+ Complete® shake any time of the day. Thanks to our all-natural sweetener blend, it's a great tasting way to replace empty calories in your diet with healthful whole food based nutrition.

Directions

Shake or blend 1 scoop (1/3 cup) Juice Plus+ Complete® powder with 1 cup skim milk, juice, or your favorite non-dairy beverage. For added nutrition and variety, blend with fresh fruit or berries to create your own smoothie recipes!

Formulated for and distributed by
The Juice Plus+® Company, LLC
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