

# Juice PLUS+ COMPLETE

## CHOCOLATE BAR +

Meal Replacement for Weight Control

### Ingredients:

Soya flakes (soya protein, tapioca starch, salt), agave syrup, chocolate 9.1% (sugar, cocoa mass, cocoa butter, emulsifier: soya lecithin), soya granules, sweetened cranberries (cranberries, sugar, sunflower oil), oligofructose, rice syrup, raisins, chocolate pieces 5.5% (sugar, cocoa mass, cocoa butter, emulsifier: soya lecithin; flavourings), linseeds, soya protein, minerals (dipotassium phosphate, tricalcium phosphate, magnesium oxide, ferric pyrophosphate (III), zinc oxide, copper sulphate, manganese sulphate, potassium iodide, sodium selenite), sunflower oil, low fat cocoa, flavourings, acidifier: citric acid, vitamins (vitamin C, niacin, vitamin E, pantothenic acid, vitamin B<sub>2</sub>, vitamin B<sub>6</sub>, vitamin B<sub>1</sub>, vitamin A, folic acid, biotin, vitamin D, vitamin B<sub>12</sub>).

May contain traces of wheat, milk, lactose, peanuts, nuts and sesame seeds.

This Chocolate Bar is gluten-free.

Weight/quantity:

825 g (15 x 55 g bars) 

Not to be sold separately.

Made in the Netherlands for

The Juice PLUS+ Company Europe GmbH

CH-4051 Basel, Switzerland

The Juice PLUS+ Company GmbH

D-79576 Weil a. Rhein, Germany

Best before end and batch/lot no.:

See side of the box

SKU 220403050

Nutrition information	Per 100g	Per bar	%NRV <sup>1</sup>
Energy	1606 kJ 382 kcal	883 kJ 210 kcal	
Fat	11.6 g	6.4 g	
of which saturates	4.0 g	2.2 g	
of which polyunsaturates	4.6 g	2.5 g	
of which omega-3 fatty acids	0.99 g	0.54 g	
Carbohydrates	39.4 g	21.7 g	
of which sugar	30.2 g	16.6 g	
Fibre	10.2 g	5.6 g	
Protein	24.8 g	13.6 g	
Salt	0.81 g	0.44 g	
Vitamin A (RE)	390 µg	214 µg	27
Vitamin D	2.8 µg	1.5 µg	30
Vitamin E (α-TE)	5.6 mg	3.0 mg	25
Vitamin C	25 mg	14 mg	17
Vitamin B1	0.6 mg	0.3 mg	30
Vitamin B <sub>2</sub>	0.9 mg	0.5 mg	35
Niacin (NE)	10 mg	5.5 mg	34
Vitamin B <sub>6</sub>	0.8 mg	0.5 mg	33
Folic acid	111 µg	61 µg	30
Vitamin B <sub>12</sub>	0.8 µg	0.4 µg	17
Biotin	28 µg	15 µg	30
Pantothenic acid	1.6 mg	0.9 mg	15
Calcium	390 mg	214 mg	27
Phosphorus	640 mg	352 mg	50
Potassium	946 mg	520 mg	26
Iron	13.6 mg	7.5 mg	53
Zinc	6.4 mg	3.5 mg	35
Copper	1.1 mg	0.6 mg	62
Iodine	72 µg	40 µg	26
Selenium	31 µg	17 µg	30
Magnesium	113 mg	62 mg	16
Manganese	0.96 mg	0.53 mg	26

<sup>1</sup> Percentage of nutrient reference values for the daily supply of vitamins and minerals (adults)

## It's Your Life. Make It Complete.

Recommended intake:

Do not replace more than 2 meals per day with a bar.

Please note:

The bar provides the nutritional elements of a whole meal, delivering a balanced mix of carbohydrates, protein and fat, and also contains a useful amount of fibre, micronutrients (such as vitamins and minerals) and secondary plant materials. The protein, which is solely plant based, has a high biological value.

The bar will only have its desired effect on weight when used as part of a calorie controlled diet and healthy lifestyle. Other foods should be included in this diet. It is important to drink enough when you use the bar. This product is not a replacement for a balanced, varied diet and a healthy lifestyle.

Substituting one daily meal of an energy restricted diet with a meal replacement product of this kind contributes to the **maintenance of weight** following weight loss.

Substituting two daily meals of an energy restricted diet with meal replacement products of this kind contributes to **weight loss**.

Children, pregnant and breast feeding women and those with specific medical conditions or wishing to lose more than 20% of their body weight should consult a doctor before undertaking any weight loss regime.

This product is subject to continuous laboratory control.

Store in a dry place at 15-22 ° C.

Best before:

Lot no.: